Unforgiveness, bitterness, and unresolved anger are much bigger threats to physical health than Covid

AS A RESULT OF OUR TIME TOGETHER IN GOD'S WORD I AM PRAYING THAT THE GOSPEL WILL MORE FULLY FRAME OUR THINKING AND SHAPE OUR LIVING SUCH THAT WE WILL ENJOY MAXIMUM PHYSICAL, SPIRITUAL, AND RELATIONAL HEALTH...FOR OUR GOOD AND GOD'S GLORY



"A tranquil heart gives life to the flesh, but envy makes the bones rot."

Proverbs 14:30

We measure too soon

We measure too selfishly

We measure too small

"Teach us to number our days, that we may gain a heart of wisdom."

Psalm 90:12

"A heart at peace gives life to the body, but envy rots the bones."

Proverbs 14:30

Luke 15

1. He sees his need

2. He repents of his sin

3. He receives his father's grace

Two prodigal sons...both in need of gospel reframing

"Christ is the wisdom and power of God."

1 Corinthians 12:24

Justification:

"WISDOM is putting your faith in Christ leading to relationship with God"

Sanctification

"WISDOM is a life of loving obedience to Christ, empowered by the Holy Spirit."

Glorification

"WISDOM is ultimately experienced after death where we leave folly behind forever."

"A heart at peace gives life to the body, but envy rots the bones."

Justification: The objective PEACE with God at the moment of salvation

Sanctification: The process of growth in the personal experience of PEACE over our life times

Glorification: The full experience of PEACE at death

"A heart at peace gives life to the body, but envy rots the bones."