

You are **Bouncy** not **Breaky!**

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*Balls are Bouncy...Eggs are Breaky*



**Bouncy balls are a fun way to play, they hit the ground but they never stay!**





**Eggs are yummy, scrambled and fried, but they break when they fall...I know, because I've tried!**



**God made you to be just like a ball, you're bouncy, not breaky, even when you fall!**

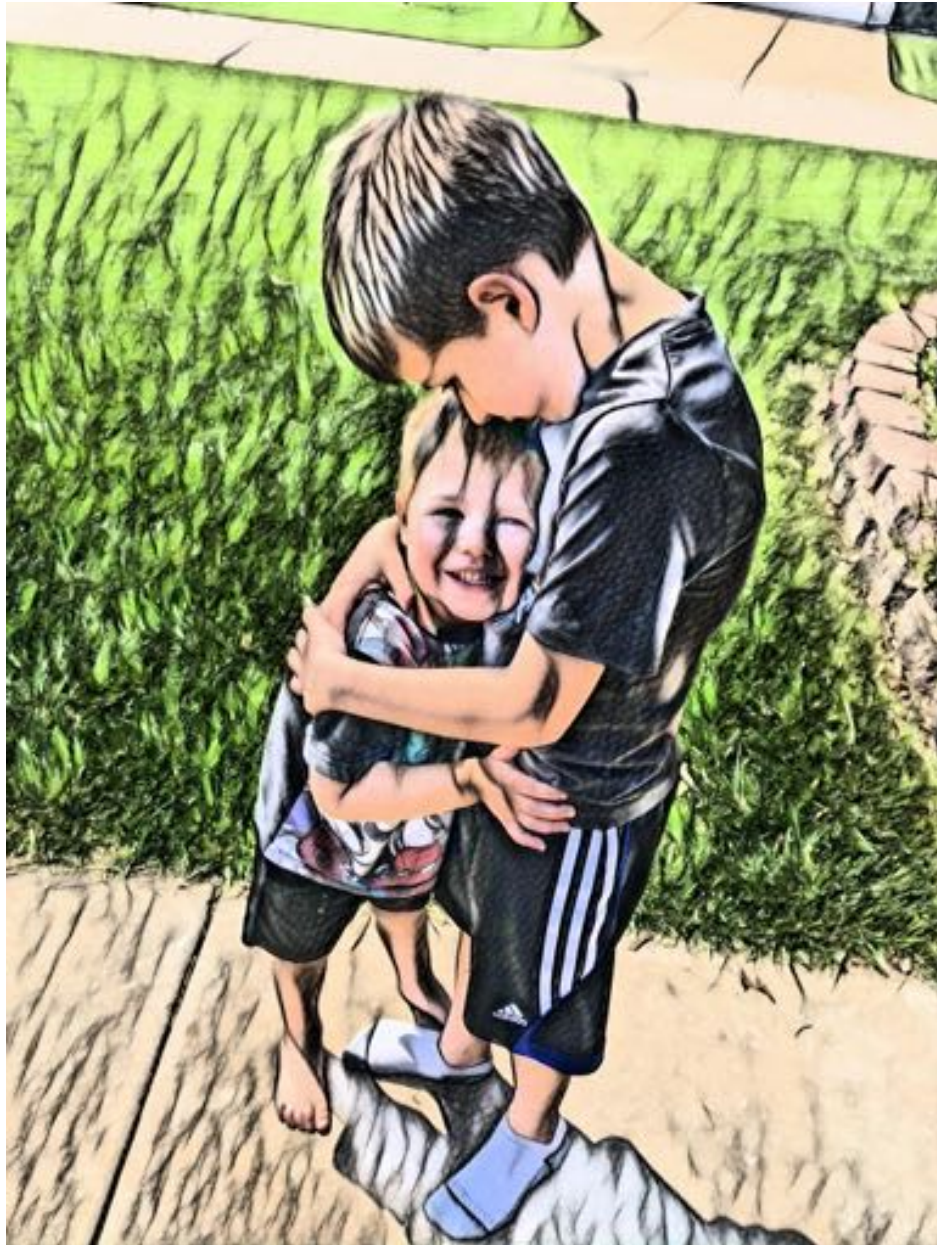




**Sometimes we feel breaky with no bounce at all...more like an egg and less like a ball!**



**When you're feeling all breaky like an egg on the floor, ask others to help you that's what friends are for!**





**Now feel what you feel because your feelings are real...but do what balls do because that's how God made you!**

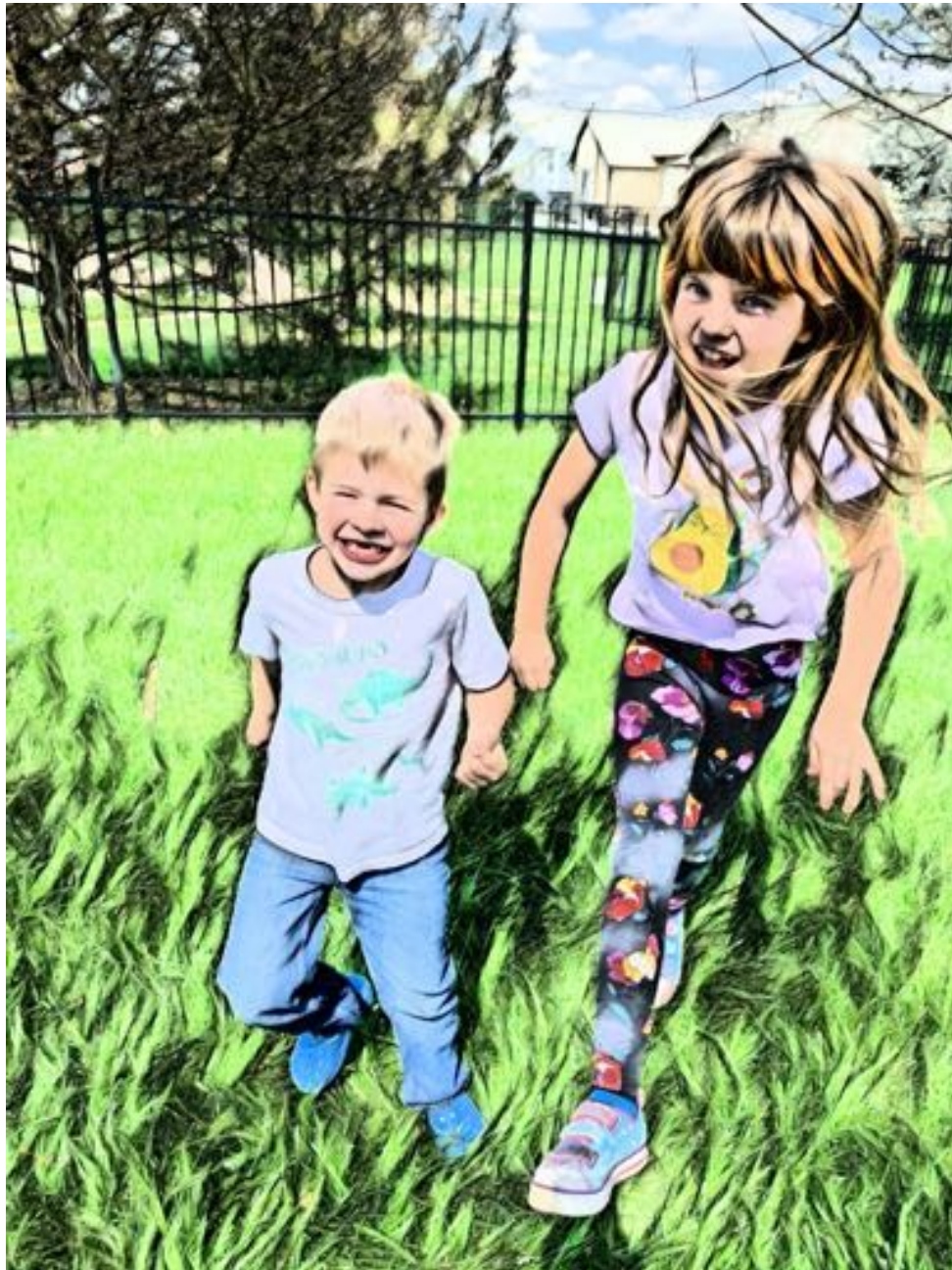


**Are you ready to bounce and bounce like a ball?  
Then there's four things to do, four things and  
that's all!**





**Move, move, move...your body needs to move...to be bouncy not breaky...your body needs to move!**



**Love, love, love...others need your love...to be bouncy not breaky....others need your love!**





**Thank, thank, thank...your thoughts need to  
thank...to be bouncy not breaky...your  
thoughts need to thank!**



**Pray, pray, pray...your heart needs to pray...to  
be bouncy not breaky...your heart needs to  
pray!**





**Today is the day to give bouncy a start...so go bounce with your body, your thoughts, friends and heart!**



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